



SPA IMAGINE MENU WELLNESS



JUICES

POWER GREEN

Kale, cactus, pineapple and ginger
Light detox morning juice to wake the system



GREEN HANGOVER CURE

Celery, Spinach and orange
Beat the handover blues with this burst of vitamins



MORNING SUNSHINE

Carrot, beet and basil
To boost your mood and your tan



SMOOTHIES

Whether your diet is already exquisitely “dialed in” and you’re just looking for an extra boost, or you want to get healthier but don’t know where to begin, superfood smoothies will enhance your health and energy either way.

BANANA ORANGE BOOSTER

Oranges, banana, seeds and coconut water
Feel great and vitalized with a burst of flavor



PINEAPPLE PAPAYA EASE

Pineapple, papaya, lemon juice and coconut oil
Regulates your digestion and stimulates your immune system



RASBERRY PEACH GLOW

Peaches & raspberries, chia seeds, a touch of vanilla and almond milk
Pamper yourself and your skin receiving your antioxidants fix in one



STRAWBERRY CUCUMBER MAKEOVER

Strawberries, cucumber, celery, lemon and mint.
Low in sugar, hydrating and full of beauty-enriching minerals



CITRUS ALOE BALANCE

Pineapple, avocado, orange and aloe vera
Excellent for digestion, skin and cleansing



BERRY SWEET-HEART

Blackberries, blueberries, apple and cashews
Fantastic flavor combination and rich in antioxidants, great for beauty and a healthy heart



POST-WORK OUT

Toasted coconut, macadamia nuts and coconut water
A great post workout smoothie for its electrolyte-rich coconut water and restorative maca root



BEAUTY



CLEANSE



IMMUNITY



PROTEIN



BONES



HEART



LOW CALORIE



BREAKFAST

Be kind to yourself and breakfast mindfully upon rising by kick-starting your day with wholesome ingredients your body will thank you for. Healthy should be delicious - the proof is in the tasting.

ACAI BOWL

A delicious frozen fruit puree with granola and honey

VEGAN BANANA PANCAKES

Your favorite pancakes prepared with banana and served with honey

CHIA PUDDING

Soaked chia seeds immersed in chocolate soya milk

BUCKWHEAT GRANOLA

Buckwheat with berries and walnuts

FRUIT SALAD

A selection of local tropical fruits (granola, honey or yogurt optional)



LUNCH & DINNER

Eating healthily becomes a way of life: breakfast, lunch, dinner and every tempting craving in between! You will find a nutritious solution to your appetite throughout the day, choosing from a selection of delicious snack, lunch and dinner options.

GRILLED SALAD

Market greens topped with grilled veggies in a citrus vinaigrette

FOUR BEAN QUINOA SALAD

A medley of protein rich beans and quinoa

GAZPACHO

Chilled, fresh tomato soup

VEGETABLE DIM SUM

Steamed dim sum packages with local vegetables

VIETNAMESE ROLLS

Vegetable rolls with sesame sauce

TOFU RAMEN

Tasty noodle soup with tofu cubes

BEANS HUARACHE

Cooked corn flour dough topped with beans and dried cheese crumbles

LETTUCE TACOS

Tofu served on lettuce tacos

PORTOBELLO AVOCADO BURGER

An avocado burger with portobello mushroom for a bun

QUINOA CEVICHE

Vegetables and quinoa marinated in lime juice

GRILLED SWEET POTATOE

Sweet potato slices grilled and garnished with herbs

ZUCCHINI POMODORO

Vine ripe tomato sauce served on zucchini spirals

CUCUMBER ROLL

Cucumber, rice and soy paper sushi rolls

HUMMUS & PITA CHIPS

Chickpea puree with grilled pita chips

RISOTTO

Vegetable risotto with local ingredients

MENU IN COLLABORATION WITH

