



## SPA IMAGINE

### MENU WELLNESS



### JUICES

#### POWER GREEN

Kale, cactus, pineapple and ginger  
Light detox morning juice to wake the system



#### GREEN HANGOVER CURE

Celery, Spinach and orange  
Beat the hangover blues with this burst of vitamins



#### MORNING SUNSHINE

Carrot, beet and basil  
To boost your mood and your tan



### SMOOTHIES

Whether your diet is already exquisitely "dialed in" and you're just looking for an extra boost, or you want to get healthier but don't know where to begin, superfood smoothies will enhance your health and energy either way.

#### BANANA ORANGE BOOSTER

Oranges, banana, seeds and coconut water  
Feel great and vitalized with a burst of flavor



#### PINEAPPLE PAPAYA EASE

Pineapple, papaya, lemon juice and coconut oil  
Regulates your digestion and stimulates your immune system



#### RASBERRY PEACH GLOW

Peaches & raspberries, chia seeds, a touch of vanilla and almond milk  
Pamper yourself and your skin receiving your antioxidants fix in one



#### STRAWBERRY CUCUMBER MAKEOVER

Strawberries, cucumber, celery, lemon and mint.  
Low in sugar, hydrating and full of beauty-enriching minerals



#### CITRUS ALOE BALANCE

Pineapple, avocado, orange and aloe vera  
Excellent for digestion, skin and cleansing



#### BERRY SWEET-HEART

Blackberries, blueberries, apple and cashews  
Fantastic flavor combination and rich in antioxidants, great for beauty and a healthy heart



#### POST-WORK OUT

Toasted coconut, macadamia nuts and coconut water  
A great post workout smoothie for its electrolyte-rich coconut water and restorative maca root



### BREAKFAST

Be kind to yourself and breakfast mindfully upon rising by kick-starting your day with wholesome ingredients your body will thank you for. Healthy should be delicious - the proof is in the tasting.

#### ACAI BOWL

A delicious frozen fruit puree with granola and honey

#### VEGAN BANANA PANCAKES

Your favorite pancakes prepared with banana and served with honey

#### CHIA PUDDING

Soaked chia seeds immersed in chocolate soya milk

#### BUCKWHEAT GRANOLA

Buckwheat with berries and walnuts

#### FRUIT SALAD

A selection of local tropical fruits (granola, honey or yogurt optional)



### LUNCH & DINNER

Eating healthily becomes a way of life: breakfast, lunch, dinner and every tempting craving in between! You will find a nutritious solution to your appetite throughout the day, choosing from a selection of delicious snack, lunch and dinner options.

#### GRILLED SALAD

Market greens topped with grilled veggies in a citrus vinaigrette

#### FOUR BEAN QUINOA SALAD

A medley of protein rich beans and quinoa

#### GAZPACHO

Chilled, fresh tomato soup

#### VEGETABLE DIM SUM

Steamed dim sum packages with local vegetables

#### VIETNAMESE ROLLS

Vegetable rolls with sesame sauce

#### TOFU RAMEN

Tasty noodle soup with tofu cubes

#### BEANS HUARACHE

Cooked corn flour dough topped with beans and dried cheese crumbles

#### LETTUCE TACOS

Tofu served on lettuce tacos

#### PORTOBELLO AVOCADO BURGER

An avocado burger with portobello mushroom for a bun

#### QUINOA CEVICHE

Vegetables and quinoa marinated in lime juice

#### GRILLED SWEET POTATOE

Sweet potato slices grilled and garnished with herbs

#### ZUCCHINI POMODORO

Vine ripe tomato sauce served on zucchini spirals

#### CUCUMBER ROLL

Cucumber, rice and soy paper sushi rolls

#### HUMMUS & PITA CHIPS

Chickpea puree with grilled pita chips

#### RISOTTO

Vegetable risotto with local ingredients

MENU IN COLLABORATION WITH

